



Sports Clubs and Activities

NEWQUAY AREA

Sports Clubs		
Football	Newquay AFC	www.newquayafc youth.co.uk
Girls Football	Newquay Wildcats	www.newquayafc youth.co.uk
Football	Saints South West	www.saintssouthwest.co.uk
Netball	NQY Netball Club	Email: rosie.hogg@nqysportscentre.co.uk
Rugby	Newquay Hornets	www.newquayhornetsrfc.co.uk
Tennis	Heron Centre	www.heron-tennis.co.uk
Cornwall Disability Tennis	Heron Centre	www.heron-tennis.co.uk
Cricket	Newquay Cricket Club	www.newquay.play-cricket.com
Basketball	Cornwall Saracens Basketball	Email: cornwallsaracensbasketball@gmail.com
Athletics	Newquay & Par Athletics Club	www.newquayandpar.co.uk
Golf	Newquay Golf Club	www.newquaygolfclub.co.uk
Hockey	Newquay Hockey Club	www.pitcheroo.com/clubs/newquay/hockeyclub

Martial Arts / Strength & Conditioning		
Weight lifting & Fitness	Kapow Healthy Living	www.kapowfitnessnewquay.com
Judo	Newquay Town Judo	www.newquaytownjudo.co.uk
Boxing	Newquay Boxing Academy	www.newquayboxingacademy.co.uk
Martial Arts	Byrne Black Belt Academy	www.bbba.co.uk
Jiu Jitsu	Newquay Jiu Jitsu	Email: newquayjiitsu@gmail.com
Karate	Atlantic Karate	www.atlantickarate.co.uk

Outdoor Adventurous Activities (OAA)		
Surfing	Wave Slaves Surf Club Newquay	www.waveslaves.wixsite.com/website
Surfing	Big Green Surf School, Crantock	www.biggreensurfschool.com
Skating	TR7 Skatepark	www.linktr.ee/tr7skatepark
Climbing	Tide climbing Wadebridge	www.tideclimbing.com
Roller skating	NQY Sports Centre	www.nqysportscentre.co.uk
Scuba Diving	Dive NQY	www.divenewquay.com
Surfing	SSS Surf School	www.sssnewquay.co.uk
Foraging / Bushcraft	Imagine Outdoors	Email: matt@imagineoutdoors.co.uk

Dance / Gymnastics / Yoga		
Dance	Trio	www.wearetrioacademy.com
Dance	Bounce	www.bouncedanceacademy.co.uk
Dance	Pamela Darlington School of Dance	www.pamdarlingtondance.co.uk
Dance	Bells Dance Academy	Email: belldanceacademy@gmail.com
Gymnastics	Kernow Gymnastics	www.kernowacademy.co.uk
Yoga	Shiva Nansledan	www.shiva-nansledan.co.uk
Yoga and Meditation	4motion Newquay	www.4motioncic.com

Swimming		
Swimming lessons / Triathlon	Fitness 4 U swim school	www.fitness4ucornwall.com
Swimming lessons	Waterworld Swim Lessons	www.extreme.better.org.uk/newquay
Swimming	Newquay Cormorants	www.newquaycormorants.co.uk
Swimming lessons	Busy bodies swimming academy	www.busybodieswimming.com
Swimming lessons	Diddy Dolphins	www.diddydolphins.co.uk

Surf Life-Saving		
Newquay Surf Life Saving Club	Fistral beach	www.slsqb.org.uk
Lusty Surf Life Saving Club	Lusty Glaze beach	www.lustyslsc.co.uk
Crantock Surf Life Saving Club	Crantock beach	www.crantockslsc.co.uk
Watergate Bay Surf Life Saving Club	Watergate Bay	www.watergatebayslsc.co.uk
Holywell Bay Surf Life Saving Club	Holywell Bay	www.holywellbayslsc.co.uk

We hope you find this useful 😊