

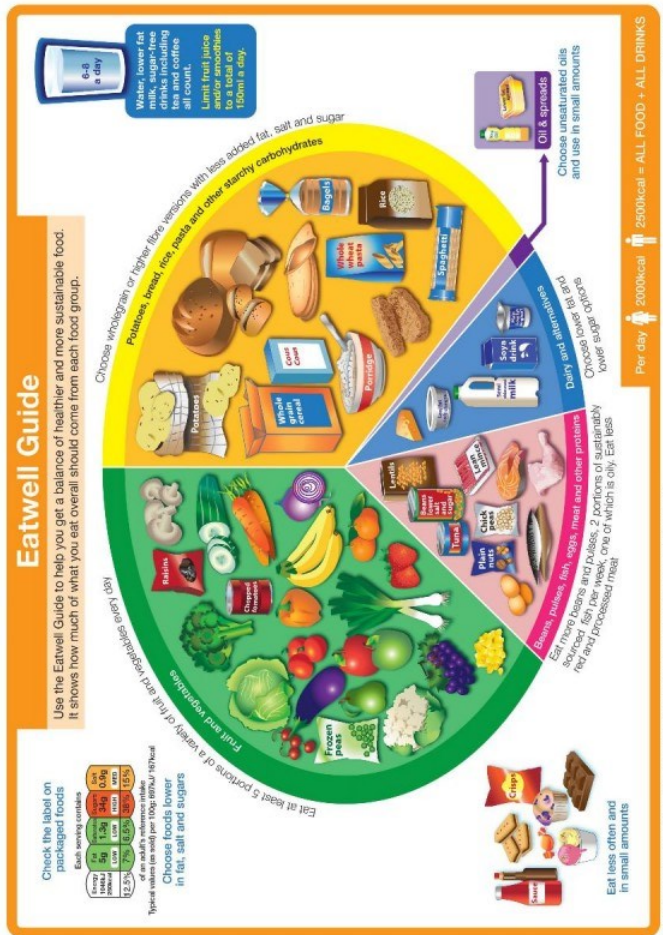
We prepare and cook all our food daily on site, providing healthy and nutritious meals using locally sourced food. Our eggs are cage-free, our meat meets UK Welfare Standards and all meals are free from undesirable food additives and hydrogenated fats. Our Catering Team are also able to provide for special diets on medical or religious grounds and are very experienced at doing so.



Every day we serve freshly made salad with lettuce, tomatoes, cucumber, carrots, celery coleslaw and pasta (1, 2, 4, 7)

The children are invited to choose any of the above as their main meal or to go with their main choice from the daily menu

We also bake fresh breads every day! This gives the children the option to make their own sandwiches from our salad bar and bakery



Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Under the Food Information Regulation the Academy is required to provide information about the allergenic ingredients used in any food that the Academy provides. There are 14 major allergens which need to be mentioned when they are used as ingredients in a food. We have included a separate leaflet indicating what those allergens are and some examples of where they can be found. The allergens are listed by Numbers - Number 1 to 14. For your information, we have indicated to the right of each rolling week menu what allergens may be found in the food provided on that day.

We serve an 'eatwell plate' every day!



Universal Free School Meals at Treanve Learning Academy



Menu



Treanve catering team 3-week rolling menu Autumn Term 2022

Our daily menu incorporates a range of scrumptious options from Treanve Salad Bar and Bakery Enjoy our Menu!

Week 1: 5th, 26th Sept, 17th Oct, 14th Nov, 5th Dec

Allergens

MONDAY**Main Meal**Spaghetti Bolognaise or
Vegetable Bolognaise 2, 13**Served with**

Garlic Bread 2, 7

Seasonal Vegetables - Salad Bar 4, 13

Pudding

Ice Cream - Fresh Fruit 7, 13

TUESDAY**Main Meal**

Fish Fingers, Mash and Beans 2, 5, 7

Served with

Seasonal Vegetables - Salad Bar 4, 13

Pudding

Yoghurt - Fresh Fruit 4, 7, 13

WEDNESDAY**Main Meal****Roast of the Day or Vegetable Roast****Served with**Creamed Potatoes, Roast Potatoes, Cauliflower
Cheese, Seasonal Veg & Gravy
Salad Bar 2, 7, 13**Pudding**

Jelly - Fresh Fruit

THURSDAY**Main Meal**Chicken & Sweet Potato Korma or
Vegetable Korma 2, 7, 13**Served with**

Rice and Naan Bread

Seasonal Vegetables - Salad Bar 4, 13

PuddingChocolate Sponge with Chocolate Sauce
Fresh Fruit 2, 4, 7**FRIDAY****Main Meal**Battered Fish or
Vegetable Quiche 2, 4, 5,
7, 9**Served with**Chipped Potatoes, Seasonal Vegetables
Salad Bar 4, 13**Pudding**Oat Crunch Biscuit
Fresh Fruit 2, 7*Homemade Wholemeal Bread served daily***Week 2: 12th Sept, 3rd Oct, 31st Oct, 21st Nov, 12th Dec**

Allergens

MONDAY**Main Meal**Sausage & Mash or
Vegetable Sausage & Mash 2, 7**Served with**

Onion Gravy

Seasonal Vegetables - Salad Bar 4, 13

Pudding

Yoghurt - Fresh Fruit 7, 13

TUESDAY**Main Meal**Beef or Vegetable Lasagne 2, 4, 7,
13**Served with**

Garlic Bread 2, 7

Seasonal Vegetables - Salad Bar 4, 13

Pudding

Ice Cream 4, 7, 13

Fresh Fruit

WEDNESDAY**Main Meal****Roast of the Day or Vegetable Roast****Served with**Creamed Potatoes, Roast Potatoes, Seasonal
Vegetables & Gravy 2, 7, 13**Pudding**

Salad Bar

Jelly - Fresh Fruit

THURSDAY**Main Meal**Cheesy Tomato & Basil Pasta Bake 2, 4, 7,
13**Served with**

Garlic Bread 4, 13

Pudding

Lemon Drizzle Cake 2, 7

FRIDAY**Main Meal**Battered Chicken Goujons
Vegetable Quiche 2, 4, 9,
13**Served with**Chipped Potatoes, Seasonal Vegetables
Salad Bar 4, 13**Pudding**

Trenance Biscuit - Fresh Fruit 2, 4, 7

*Homemade Wholemeal Bread served daily***Week 3: 19th Sept, 10th Oct, 7th Nov, 28th Nov**

Allergens

MONDAY**Main Meal**Texas Cowboy Chilli or Vegetable Chilli 2, 4,
7, 13**Served with**

Rice & Nachos

Seasonal Vegetables - Salad Bar 4, 13

Pudding

Ice-Cream - Fresh Fruit 7, 13

TUESDAY**Main Meal**Spinach & Mozzarella Pasta Bake 2, 4,
7, 13**Served with**

Garlic Bread

Seasonal Vegetables - Salad Bar 4, 13

PuddingChocolate & Pear Brownie - Fresh Fruit 2, 4,
7**WEDNESDAY****Main Meal****Roast of the Day or Vegetable Roast****Served with**Creamed Potatoes, Roast Potatoes, Seasonal
Vegetables & Gravy 2, 7,
13**Pudding**

Salad Bar

Jelly - Fresh Fruit

THURSDAY**Main Meal**Sizzling Chicken Fajitas or
Sizzling Vegetable Fajitas 2, 4,
7, 13**Served with**

Rice 2, 7

Seasonal Vegetables - Salad Bar 4, 13

PuddingFruit Crumble & Custard 2, 4,
7**FRIDAY****Main Meal**Battered Fish 2, 4,
5, 7,
9

Vegetable Quiche

Served withChipped Potatoes, Seasonal Vegetables
Salad Bar 4, 13**Pudding**Yoghurt - Fresh Fruit 4, 7,
13*Homemade Wholemeal Bread served daily*