

Newquay Primary Academy – Autumn Term 1 Sequence – P.E.



	RECEPTION	YEAR 1	YEAR 2
	<p><i>Move like a...</i></p> <p>Prior knowledge...</p>	<p><i>Agility – balance - coordination</i></p> <p>Prior knowledge... Children will know the structure and expectations of a PE lesson. Pupils will have focused on developing and refining the following skills through movement and obstacle courses, rolling, crawling, walking, jumping, hopping, skipping and climbing.</p>	<p><i>Duel – win - lose</i></p> <p>Prior knowledge... Pupils will have developed fundamental movement skills. They will be competent and confident when moving in different ways. Pupils will have had a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.</p>
INTENT	Explore and develop movement skills including... rolling, walking, crawling, jumping, running, hopping, skipping and crawling.	Develop and refine basic movements including agility, balance and coordination.	Apply fundamental movement skills into team games and developing simple tactics for attacking and defending.
VOCABULARY / STICKY KNOWLEDGE	Travel, space, safety, movement, PE, rolling, crawling, walking, jumping, running, hopping skipping, climbing	“Hands ready”, balance, co-ordination, agility, tracking, jumping, running, skipping, stop, go, taking turns	Team, Teamwork, Rules, Travel, Agility, Balance, Coordination, Fair play, Sportsmanship
SEQUENCE OF LESSONS	<ol style="list-style-type: none"> To understand what Physical Education is and explore different ways of moving. To understand how to be safe and follow instructions. To explore different ways of travelling and be able to take turns. To develop movement techniques and experiment with travelling at different speeds. To explore running, leaping, jumping and balancing and understand why we do a warmup. To apply movement skills in obstacle courses and be able to play games in line with the rules. 	<ol style="list-style-type: none"> To recap what Physical Education is. To be able to move and travel in a variety of ways at different speeds. To be able to perform fundamental movement skills with increased fluency. To explore different ways of travelling over and across a bench. To continue to travel over and across a bench with increased fluency. To be able to take turns and encourage your teammates. To continue to explore travelling over different apparatus and apply fundamental skills in small games. To understand the concept of “hands ready” and be able to move hands to respond to a stimulus. 	<ol style="list-style-type: none"> To recap what Physical Education is and introduce the topic. To be able to participate in team- based warm-up activities. To understand the skills needed to work effectively as a team. Introduction of concept of winning and losing. To work together as a team in small-sided games in line with the rules of the game. To apply skills in small games with an emphasis on how to win, loose, draw respectfully. To understand the concept and play a tournament, by working together in a team in small, sided games using fundamental movements and skills To apply all skills learnt in an end-of-topic tournament. Pupils will reflect on what they did well and what they could improve on.
OUTCOME / COMPOSITE	<p>To introduce the structure and expectations of a PE lesson.</p> <p>Pupils will focus on developing and refining the following skills through movement and obstacle courses, rolling, crawling, walking, jumping, hopping, skipping and climbing.</p> <p>This will form the foundations for their future learning.</p>	<p>Pupils should develop fundamental movement skills, become increasingly competent and confident.</p> <p>Pupils will access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.</p>	<p>Pupils will be able to apply their fundamental movement skills with increased fluency in small-sided team games. Pupils will know what rules are and why rules are important in games. Pupils will be able to identify the feelings associated with winning and losing, they will have a developing understanding of how to win and lose respectfully.</p>